



## Clark Heindel

January 25, 1950 - May 12, 2019

Sydney Clark Heindel III, 69, died Sunday, May 12, 2019. He leaves behind a daughter, Brooke Heindel, her mother and Clark's former wife, Juli, his parents, Sydney and Sarah Heindel, a brother and sister-in-law, Frank and Renee Heindel, and three nephews, Frankie, Joey, and Nick. Clark was preceded in death by his son, Jake Heindel. He is also survived by many cousins and a wealth of friends and colleagues.

Born and raised in Cornelia, Georgia surrounded by his beloved grandparents and the natural splendor of a farm at the foot of the mountains, his parents in the interest of a superior education sent him to live in Barrington, Rhode Island. He attended Moses Brown Prep School and excelled in both football and lacrosse. Clark graduated from Moses Brown in 1968 and enrolled at Vanderbilt University from which he graduated with a degree in psychology in 1972.

Clark pursued a doctoral degree at the University of Georgia in Educational Psychology. He had a passion for the cause of human flourishing and human liberty. A close student of mythology, he maintained a lifelong interest in archetypes driving our behavior. Clark earned his doctorate in 1978 with a dissertation on Jim Morrison that currently is found in the Rock and Roll Hall of Fame.

Clark's career in counselling began in Savannah in 1978 with prison therapy. He moved to Milledgeville in 1982 where he continued to work for the state as a therapist in the prison system. He established his own private practice in Milledgeville in the mid-1990s and enjoyed many years of a flourishing practice until his retirement in 2014.

Clark was a devotee of yoga going back to the seventies. He bought a building in downtown Milledgeville that he restored and opened as Good Karma in 2014. He received his advanced yoga certification in Spain. It quickly became a locus for creative people and healthy living in the community. Always active and engaged, he was a serious gardener, brilliant cook, enthusiastic musician, worldly traveler, lifelong reader, and supportive friend. He touched many lives through his high spirits and charismatic presence. He was a rare person.

Clark spent his life helping others battle their problems from addiction to losses suffered, to private demons, doubts and other disabilities he helped most. When successful, he was ecstatic; when not, he was personally burdened. He brought his tremendous skill sets to deal with his own great loss and other issues. The loss of a friend on his “watch” was a burden too great to bear. With the love and support of Brooke and other family and friends, he won most of his battles and considered that he had had a “great life”.

A private memorial service will be held in Charleston, South Carolina.

“Bob Dylan said, ‘Take care of all of your memories, for you cannot relive them.’”

# Comments

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“ Morgan Raine is following this tribute.

**Morgan Raine** - May 16 at 11:31 PM

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“ I met Clark through his yoga studio, Good Karma. I did not have much time to get to know him, but I cherish the times we shared. I will always remember his voice and laughter.

**Morgan Raine** - May 16 at 11:28 PM



“ I am so so terribly sorry for Clark's family. May peace & love be with you all.

**Morgan** - May 16 at 11:31 PM

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“ Morgan Raine lit a candle in memory of Clark Heindel



**Morgan Raine** - May 16 at 11:26 PM

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“ Barb Collins lit a candle in memory of Clark Heindel



**Barb Collins** - May 16 at 08:27 PM

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“ I met Clark in the Peruvian Amazon at a time when we were both needing to heal from life circumstances. Clark had lost his six-year-old son Jake to cancer six months earlier and I was suffering from a debilitating illness brought on no doubt by unusual stress. Clark and I very quickly became best friends. We were together in four ayahuasca ceremonies in the jungle with a shaman and spent our days together talking about, well, everything. We joined each other another time in Peru five years ago and again, we could share everything. He asked me for a name for the yoga center he was going to create and I suggested Good Karma. Clark's humor and intelligence and easy manner is what I remember best about him. I love Clark and know that his great goodness accompanies him wherever he is. He was a rare friend and will never be forgotten. Bless you Clark for all the beauty and intelligence and humor you shared with me.

**Josie Hyde** - May 16 at 11:31 AM

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“ My condolences to Clark's daughter and his family. Very sad to hear of his passing.

**Bessie Halsey** - May 16 at 05:53 AM

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“ Wright Banks, Jr. lit a candle in memory of Clark Heindel



**Wright Banks, Jr.** - May 15 at 10:35 PM

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“ Ellene Graves lit a candle in memory of Clark Heindel



**Ellene Graves** - May 15 at 10:34 PM

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“ Cynthia Loredo lit a candle in memory of Clark Heindel



Cynthia Loredo - May 15 at 07:27 PM

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“ Susie Anderson lit a candle in memory of Clark Heindel



Susie Anderson - May 15 at 11:04 AM

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“ Sorry for your loss Clark taught me and my friend Yoga at central State and when he left there he let us come to his home on my lunch break and we would do the yoga very good man to me sorry about the what happened.

Charlie Seabrooks



Charlie Seabrooks - May 14 at 11:37 PM

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“ Mourning the loss of a kind soul! Fond memories of working with Clarke many moons ago and of the loss of his wisdom to our community!! Prayers to his family!

Acelia Prosser - May 14 at 11:33 PM

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“ My husband and I are heartbroken about Clark. He treated my husband's depression and taught me how to cope with it. My husband sent Clark countless referrals over the years, he knew Clark would get results. We love Dylan and our conversations with Clark about his music. When my husband began to exhibit strange behavior both in our home and in his surgical practice I turned to Clark, he listened when no one else would. He was instrumental in helping us get a definitive diagnosis for FTLD. Again, he helped us cope during a very difficult time. Our prayers are with all of you. Rest well dear friend.

**Cyndy and John Ward** - May 14 at 06:45 PM

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“ I was extremely sad to hear about the devastating loss/death of Clark. Please know that all of you are in my thoughts and prayers during this difficult and emotional time. He was such a kind, caring, compassionate and thoughtful therapist. I'll always cherish our talks about Van Morrison, Bob Dylan, SEC football (VANDY and UGA) teaching, psychology, a great little seafood restaurant in Darien, etc. Rest in peace, Dr. Heindel and it's nice to think that he has finally been reunited with his precious, little boy Jake.  
Sara H

**Sara Heffernan** - May 14 at 06:17 PM

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“ clark was very good. he gave chuck seagraves the best advice ever.

**clseagra** - May 14 at 05:20 PM

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“ Phil and I considered Clark not only our coworker but a friend. We were saddened to learn of his death. With sincerest sympathy, Phil & Angela

**Phil and Angela Herring** - May 14 at 02:06 PM

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“ Heindel family...we are so very sorry for your loss. Clark was a joy to be around and to talk to and he will be missed always. Hugs and prayers are with you during this sad, sad time.

**Steve and Judy Ivey** - May 14 at 01:13 PM

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“ The family is in our thoughts and prayers. Cindy & Mark Bowen



**Cindy Bowen** - May 14 at 12:39 PM

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“ So sorry for the loss of such a kind man. He will be missed. Praying for peace and comfort for the family.



**Susan Hansel** - May 14 at 11:52 AM



“ So so sorry for the loss of such a gentle kind man. Worked with him at the prison and actually typed his dissertation on Jim Morrison for him which was very interesting to say the least. May you Rest In Peace! Prayers to the family.

**Susan** - May 14 at 12:05 PM



“ Clarke brought a lot of light to Milledgeville when he opened Good Karma. I benefitted from his teaching, and from his creation of that space. I always appreciated his enthusiasm for whatever was going on there even beyond yoga: the garden he planted in front; the cool yoga togs he sold there; the fine art exhibits he hosted; the mural outside; the great teachers he hired. I felt his kindness every time we spoke. He opened the space up for healing practices of many kinds, and he will be missed. I'm sorry for the family's loss.

**Katie Simon** - May 14 at 05:43 PM



“ So sorry for your loss. We love him ,he helped us through alot. Praying for peace and comfort.

**Cindy Adams** - May 14 at 11:14 PM



“ Sending much love and prayers to you. May you find peace in the days ahead

**Susan Hall** - May 15 at 09:23 AM



“ Praying for peace and comfort in the days ahead.He was a great man who helped a lot. Rip Hiendel gone but never be forgotten.

**Cynthia Loredo** - May 15 at 07:25 PM